

Academic Self-Assessment

Please complete this assessment, print it, and be prepared to discuss these topics with your academic advisor.

Name: _____ Student ID number: _____

Cumulative GPA: _____/2.00 Cumulative number of Credits Earned: _____/192.0*

Last time you met with an advisor: _____ Name of the advisor: _____

Date: _____ Current Quarter: AQ WQ SQ SS 20_____

*Students need a minimum 2.0 cumulative GPA and at least 192.0 quarter hours to graduate. Please consult the [transfer credit](#) limitation and [graduation](#) policies for more details.

1. Explain in detail the three most significant obstacles/challenges that affected your academic performance

Obstacle	Explain the impact on your success	How can you overcome this obstacle?
1.		
2.		
3.		

2. What are some of your personal strengths and skills? How could these talents assist you with overcoming your obstacles?

- Think about your responses on the first page of this assessment and develop a plan for removing your obstacles to success and improving your academic now and in the future. Discuss this plan with your academic advisor.

Goal	Action to be Taken (what will I do)	Action Plan (dates, schedule of activity, follow-up meetings, etc.)	Available Resources (tutoring, S.I, professors, Advising, Counseling, etc.)
Goal 1:			
Goal 2:			
Goal 3:			

Please add any notes from the most recent appointment with an academic advisor here:

Plan for follow up. Please list when and how you plan to meet with your advisor again to review the progress on your goals. How will you manage unforeseen issues with completing your goals?

Important Dates:

_____ last day to add _____ last to withdrawal _____ last day of current quarter