

# **EMPOWER HOUR**

## **Take Charge of your academic life!**



- **Bring all your questions**
- **Share your experiences**
- **Meet your professors**
- **Connect with other students**

**Your host:**

**Theresa Luhrs, PhD, Director of  
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**Drop-in Group Advising**  
**WEDNESDAYS AND THURSDAYS**  
**3-4 PM**  
**Byrne Hall, 402**

**Welcome all  
psychology  
students!**