



— DePaul University —

SCHOOL OF NURSING

AUTUMN QUARTER | SEPT. '22

Welcome new and returning School of Nursing Students!

We are so excited to see you for the start of the '22/'23 School Year and for this Autumn Quarter.

You will find all your School of Nursing news here in this newsletter, but if you're feeling lost don't hesitate to reach out to any of the staff or faculty.



Congratulations to our Summer Graduates! We celebrated their Pinning Ceremony Aug 20th.

Keep reading to find a note from the Director, information on new faculty and staff, and so much more.

We look forward to seeing what you can achieve here with us at the School of Nursing.

Welcome to DePaul!

IN A CLASS ALL OUR OWN

The *School of Nursing* provides an education both innovative and pragmatic, giving our graduates a head start in achieving professional success and personal satisfaction in

their careers. For 65 years, we have set the standard for academic excellence and “real world” relevance.

Our graduates have an excellent reputation with area health care providers; they're recognized for their strong clinical skills and their ability to quickly become part of the health care team. Our wide network of clinical affiliates ensures that our students make connections with employers throughout the metropolitan area.



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A NOTE FROM THE DIRECTOR OF SCHOOL OF NURSING

I am delighted to welcome you to a new academic year.

A special welcome to the newly admitted students (over 70 combining all programs in the School of Nursing), many of whom have attended the new students' orientations offered by the different programs in the School of Nursing. It was a wonderful experience for me to meet you and learn about your hopes and dreams. Your experiences and enthusiasm about nursing education at DePaul inspired all of us, faculty and students, to offer the best experiences possible to you.

For our returning students, welcome back! We look forward to continuing the journey with you. I admire the resilience you have displayed during the pandemic era. I hope you were able to take a break during the past couple of weeks before the start of the Autumn Quarter.

The new academic year brings so much excitement and joy as DePaul welcomes its new President. The

School of Nursing had the honor and privilege of having the new President address our graduating Summer 2022 Cohort. His remarks were truly inspirational and have brought so much hope to all of us. It was also such a joy to celebrate the graduation of the Summer '22 Cohort and send them off to the Nursing workforce. Thank you to all those faculty, staff, and student volunteers who helped making the Pinning Ceremony a great success.

At the beginning of the new academic year, it is important that you are aware of the resources that are available to you. They are highlighted in this newsletter. I also want to extend a special welcome to the five new Full-time Faculty members and several Adjunct Faculty members to the School of Nursing. They possess remarkable teaching and practice experience in Nursing. I think you will enjoy working with them.

In conclusion, I want to invite all of you to contact us here at the School of Nursing. All

faculty, staff, and administration are available for questions, concerns, and suggestions through nursing@depaul.edu. We will also continue hosting Students' Forums on a regular basis in order to keep communications open.

Have a wonderful new academic year! And again, Welcome to DePaul!



Celebrating Accomplishments

CONGRATULATIONS!

July 21st - **Dr. Mary Beth Desmond** finished the publication US Department of Veteran Affairs Postbaccalaureate Registered Nurse Residency: Developing Nurses Equipped with Knowledge and Skills to Care for Nation's Veterans

July 21st to 25th - **Dr. Anne Kowalczyk** presented her DNP work at the STTI International Conference

Aug. 2nd - **Roshni Shah** curated and created a project around South Asian Healthcare: *Heart of a Hero*

If you would like your accomplishments to be celebrated on our Social Media, contact nursing@depaul.edu



Nursing Holidays in September

Nursing is an essential part of Health Care. We cannot thank all of the nurses enough for everything that they do for us.

- Sept. 1st to the 7th is *National Clinical Nurse Specialist Recognition Week*
- Sept. 5th to the 11th is *Vascular Nurses Week*
- Sept. 8th is *National Pediatric Hematology/Oncology Nurses Day*
- Sept. 11th to the 17th is *Nephrology Nurses Week AND Nursing Professional Development Week*
- Sept. 12th to the 18th is *National Neonatal Nurses Week September*
- Sept. 15th is *National Neonatal Nurses Day*

Did you know the first known documents that mentioned nursing as a profession were written around 300 AD?

If you would like to read more about the interesting history of Nursing you can find more information at the [Nursing School Hub](#).

Important Bookmarks

TABS TO REMEMBER

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Academic Calendar

University wide calendar with important dates and deadlines

School of Nursing

Main website for the School of Nursing where you can access all information related to programs, resources, faculty, staff & more.

DePaul Central

Your central hub for financial aid, immunization records, & more!

Student Handbook

Your official guide to policies and procedures in the School of Nursing

DePaul Newsline

A daily review of what is happening everyday at DePaul

COVID-19 Resources & Updates

Up-to date initiatives, resources, and information pertaining to COVID-19

[@depaulnursing](https://twitter.com/depaulnursing)





HEART OF A HERO: *CELEBRATING SOUTH ASIAN HEALTHCARE WORKERS IN THE U.S.*

Roshni Bhupendra Shah (she/her) is an Adjunct Faculty Member in the School of Nursing at DePaul University. She is also the creator of the exhibit *Heart of a Hero (Celebrating South Asian Healthcare Workers in the U.S.)*. She is a Critical Care nurse that worked on the frontlines of the COVID-19 pandemic. Because of her curiosity for the history behind our humanity she has developed this project highlighting the mental & spiritual impact of trauma stemming from the pandemic on South Asian American healthcare workers. Seeking to understand the burden of these "heroes" Shah has developed a space for healing. Shah's hope is to shed more light on the heroic sacrifices of these South Asian Americans.

"The culture of sacrifice is deeply embedded in the

South Asian Immigrant narrative but it is also a foundation of working in healthcare in America. South Asians compromise so much of the healthcare workforce in America. Years of training, exhausting shifts, and growing demands are accepted components of working in such a rigorous field. Many South Asians pursued careers in healthcare for noble ambitions: to heal their communities, accelerate scientific advancements, or simply to pursue careers immersed in service. These demands did not seem daunting, but duties for a profession they believed to be a calling."

Shah has spent the last year interviewing and speaking with healthcare "heroes" from the frontlines in order to find space for the South Asian perspective in our US history.

Throughout this past year she has established an Instagram,

@southasiansbehindtheface, where she is asking you to share your stories if you have them. If you do not have Instagram, or would like to listen to more interviews, Ms. Shah and others have contributed to a fantastic website through South Asian American Digital Archive (SAADA). Their exhibit is appropriately titled *Heart of a Hero*.

@southasiansbehindtheface



Read more about Roshni Shah's personal experience here:

<https://www.saada.org/tides/article/heroes-are-human>

Quotes from: <https://www.saada.org/acfp/exhibit/heart-of-a-hero>

Monkeypox (MPV)

WHAT YOU NEED TO KNOW



Information

FUN FACTS YOU SHOULD KNOW

- **How It Is Spread:**
 - Close contact with bodily fluids, sores, sharing bedding or clothing, or respiratory droplets
- **Common Symptoms:**
 - Rash or unusual sores that look like pimples or blisters on the face, body, and genitals
 - Fever
 - Chills
 - Head or muscle aches
 - Swelling of lymph nodes
- **Prevention:**
 - Avoid Skin-to-Skin contact with someone that appears to have a rash
 - Do not handle or touch bedding, towels, or clothing of someone with MPV
 - Wash your hands often with soap and water or use alcohol-based hand sanitizer.
- **Vaccine Eligibility:**
 - Live in Chicago or Illinois and have not been infected by MPV
 - Have had close contact with someone with MPV OR are a gay, bisexual, or other man who has sex with men and/or transgender person.
 - [Read more on CDPH | MPV](#)

For more information please refer to the [City of Chicago Public Health site](#) or the [CDC page](#). Be safe, stay healthy



NEW FACULTY & STAFF

Graduate Assistants

PLEASE WELCOME:

Sim - Morgan Kelley
Sim - Angela Madrigales
Sim - Ryann McKinnell-Jaroslawsky
RFU - Annette Hughes
RFU - Erin Rueter

Faculty & Adjuncts

PLEASE WELCOME:

Mark Vega - Psych
Jennifer Sandoval - Clinical
Instructor
Aima Mathew - Sim Educator
Amanda Dirnberger - Community
Health
Carol Lynch - Associate Director
Nursing Sim
Kelsi Berczynski - 440
Carmen Campi - 441
Jihye Kim - 472
Madeline Reid - 230
Taryn Roesner - 303
Maryo McClellan Zablocki - 307
Maria Medina - 307

Staff

PLEASE WELCOME:

No new staff

FEATURED FACULTY: *JENNIFER SANDOVAL*

My name is Jennifer Sandoval and I have been a nurse for over 5 years as a med-surg nurse on the nightshift.

I graduated from DePaul's MENP program in November 2016. I began teaching for DePaul in Fall of 2018. I am also currently in DePaul's DNP-FNP program as well. I have enjoyed working with our nursing students and seeing them flourish through the program.

In my free time, I enjoy to spend time with loved ones and my beagle Shiloh. My only brother is currently undergoing chemotherapy treatment and we would love prayers from our DePaul community.



Reminders This Quarter

KEEP THESE DATES IN MIND

- Sept. 2nd: Autumn Tuition Due
- Sept. 5th: Labor Day – University *Closed*
- Sept. 7th: Classes Start
- Sept. 8th: Heart of a Hero Launch Party @ 6PM
- Sept. 13th: Last Day to Add
- Sept. 20th: Last Day to Drop
- Oct. 1st: Last Day to Apply for Degree Conferral (for Autumn)

MENTAL HEALTH



Health & Wellness

MENTAL HEALTH & SELF-CARE

Self-care and mental health are a priority when it comes to your success with the University. University counselors are available for support, crisis management, community referrals and consultation. To be contacted by a counselor, leave a message with *University Counseling & Psychological Services (UCAPS)* at **773-325-7779** or emailing them at depaulucaps@depaul.edu. Learn more [here](#).

In case of a life-threatening emergency please call Public Safety at **773-325-7777, 911**, or the Advocate Illinois Masonic Behavioral Health Services Crisis Line at **773-296-5380**.

Interested In Something Different

CONTACT US

Get Featured

SEE MORE OF WHAT YOU WANT

Not seeing your interests?
Want to be celebrated for your accomplishments?
Research you would like to be shared?
Need different kinds of study tips?
Want to see you and your friends in the Newsletter?

Contact the School of Nursing via [Twitter](#), [Instagram](#), [Facebook](#) or Email.

[@depaulnursing](#)

nursing@depaul.edu



nursing

[health care provider]
care of individuals, families, and
communities so they may attain, maintain,
or recover optimal health and quality of
life