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A MESSAGE FROM OUR DIRECTOR

As we transition to the Fall Quarter I'd like to reflect on where we are in our personal and professional lives. It's been a tough few years with the pandemic and political division. The world is full of war and environmental tragedies such as floods, fires, and hurricanes. We need to come together as neighbors, friends and colleagues and remain tolerant of each other regardless of our political or personal beliefs. The unity message was very well articulated by Amanda Gorman, our Poet Laureate. This is an excerpt from her poem from Aug 22, 2024...

"We are one family regardless of religion, class or color. For what defines a patriot is not just our love of liberty, but our love for one another. This is loud in our country's call because while we all love freedom, it is love that frees us all. Empathy emancipates, making us greater than hate or vanity. That is the American promise, powerful and pure. "

Amanda Gorman, National Youth Poet Laureate

Dr. Kim Siarkowski Amer, PhD, RN



WELCOMING NEW FACULTY AND STAFF



The School of Nursing would like to offer a sincere welcome to all new faculty and staff members that have joined our community. Without the dedication and commitment our faculty and staff has to serving our students, our School would not be where it is today.

Thank you for joining DePaul University's School of Nursing! Here's to an amazing Fall Quarter!

- School of Nursing Staff

Adjunct Faculty:

Meilissa Budahazy
 Marisa Coursey
 Caterina DeBenny
 Mirra Duffy
 Maureen Fitzpatrick
 Michelle High
 Kathryn Owen
 Shlomit Peikes
 Bridget Rochios
 SallyAnn Rose
 Leeanna Santiago
 Taylor Stallworth

Graduate Assistants:

Madison Sanderlin,
 Simulation & Nursing
 Labs
 Emily Williams,
 Simulation & Nursing
 Labs

WELCOMING NEW FULL-TIME FACULTY AND STAFF



The School of Nursing welcomes Sydni Henderson, Administrative Assistant for the Bachelor of Science in Nursing (BSN) program. Sydni has worked in higher education for five years and will serve as a resource for BSN students, as well as co-authoring the School of Nursing Quarterly Newsletters.

Welcome to DePaul's School of Nursing!





WELCOMING NEW FULL-TIME FACULTY AND STAFF, CONT.

The School of Nursing welcomes Mary Clare Houlihan, PhD, MS, RN - BSN Program

“My name is Mary Clare Houlihan, and I am an Assistant Professor for the BSN program. I graduated from DePaul’s MENP program in 2016 and recently graduated with my PhD in Nursing from Rush University. I am teaching a clinical this Fall and plan to teach research and theory courses in the Winter. I live in the city with my husband, Tim, daughter, Molly, and dog, Ginny! I am excited to join the DePaul team, and I look forward to meeting more of the DePaul community throughout the upcoming months.”



Welcome back to DePaul, Dr. Houlihan!



The School of Nursing welcomes Diana Hanan, - BSN Program

“Hello! My name is Diana Hanan. It's great to be back in the Nursing Department at DePaul! I graduated from the MENP program in 2010, and I'm excited to be back teaching at my alma mater. I am currently teaching Research Synthesis and Biostatistics. I am a family nurse practitioner, and my clinical practice experience is in caring for older adults in long-term care settings. I received my PhD in nursing from Boston College. My research has been focused on mental health

care for older adults and end-of-life care for adults living with serious mental illness. Since 2021, I have been part of the Engage Initiative, a research collaborative focused on removing barriers to cancer care for adults living with mental illness. Prior to joining the DePaul faculty, I taught nursing at Simmons University in Boston. When I'm not teaching or chasing after my toddler, I enjoy reading, spending time with family, and being outdoors.”

Welcome back to DePaul, Dr. Hanan!





WELCOMING NEW FULL-TIME FACULTY AND STAFF, CONT.



The School of Nursing welcomes Lisa Biancalana-Marsh, DNP, APRN-FPA, FNP-BC, TNS - Post-Licensure Program

Dr. Lisa Biancalana-Marsh, fondly known as "Dr. LBM" is a long time educator and Associate Professor of graduate and doctoral level education in Advanced Practice Nursing. She is a Board Certified Family Nurse Practitioner with Full Practice Authority. Dr. LBM's expertise span various medical domains in nursing and as an Advanced Practice Provider within Trauma, Emergency Medicine, Labor and Delivery, Women's Health, Internal Medicine, Ambulatory and Urgent Care, Addiction Medicine and Mental Health.

Reflecting on nearly 30 years of nursing and as a quality health care provider, she is an advocate for nurses practicing at the top of their license and education and for promoting diversity, equity and inclusion in educational settings and within the health care community. She became a Family Nurse Practitioner in 2014 through her Master's in Nursing Degree from Olivet Nazarene University and holds a Doctor of Nursing Practice Degree from Frontier Nursing University (2019). She also completed a post-graduate Certificate in Nursing Education from the University of Texas El Paso. Dr. LBM completed advanced Medication Assistance Training and participated in the Opioid Use Disorder Treatment ECHO Fellowship at Rush University and is passionate about Opioid Addiction and providing new alternatives to sobriety through integrative care. She is concluding her Psychiatric and Mental Health training with the University of Cincinnati to become a Double Board Certified Psychiatric Nurse Practitioner and is completing the Finley Psychoanalytic/Psychotherapy Fellowship to further her expertise in Psychodynamic Treatment Modalities.

Dr. Biancalana-Marsh is the former DNP Department Chair and Program Director of Oak Point University and was instrumental in the restructuring and credentialing of the program through her academic leadership. She led multiple university committees and has mentored numerous students and faculty on their DNP scholarly projects. She was inducted into Sigma Theta Tau International Honor Society of Nursing and holds memberships in various professional organizations.

Welcome to DePaul's School of Nursing, Dr. Biancalana-Marsh!





NEWS, EVENTS, AND DAYS TO BE AWARE OF

For a comprehensive list of academic timelines and deadlines, you may view the [Academic Calendar](#).

- October 9: [Midwife and Nurse Mix and Mingle Night at Burr Ridge Birth Center](#)
- October 18-20: [Alumni and Family Weekend](#)
- October 29: Sigma Theta Tau Honor Society of Nursing Induction
- October 31: DePaul Student Nurses Association (DSNA) Fundraiser at Portillo's
- November 1: [22nd Annual Undergraduate STEM Research Showcase](#)
- Nov 6-10: [First Generation College Celebration Week](#)
- November 12: [Finals Breakfast](#)
- November 19: End of Autumn Quarter

MIX AND MINGLE AT BURR RIDGE

Burr Ridge Birth Center is hosting a Mix and Mingle Night for nursing students and Midwife & Nursing Professionals on Wednesday, October 9, 2024 at 5:00 PM.

This event is open-house style, for attendees to tour birth suites, mingle with staff, and discuss birth center care. Light refreshments and snacks will be provided. A Q&A session with BRBC Team members will begin at 6:00 PM.

RSVP is required. You may [RSVP here](#).

BURR RIDGE BIRTH CENTER

Midwife & Nurse Mix & Mingle Night

A curated evening for ALL Midwife & Nursing professionals to tour the birth suites, mingle with staff, and discuss birth center care.

♥ October 9
5:00 PM - 7:00 PM
Registration Required

Sigma

Zeta Sigma Chapter

SIGMA THETA TAU HONOR SOCIETY OF NURSING WELCOMES YOU

Welcome to Fall quarter! Invitations to join Sigma Theta Tau Honor Society of Nursing would have gone out in mid-September. Save the date for induction as Tuesday October 29. Look for social events and scholarship opportunities coming this fall as well!





DSNA'S FUNDRAISER

Support the DePaul Student Nurses Association (DSNA) Fundraiser on October 31, 2024 at 5:00-8:00 PM at Portillo's located at:
100 W. Ontario, Chicago, IL.

20% of sales will benefit DSNA. Order online or in app for pickup using code "PORTILLOS40" before checkout in the "Coupon Code" section. Valid on drive thru, pickup, kiosk, and in restaurant orders.

For online/app orders to qualify for the fundraiser, orders must be placed for pickup only, from the participating restaurant, on the fundraiser date and during the fundraiser hours. Gift card purchases, deliver orders, and orders placed on third party websites are excluded from the fundraiser.

Portillo's FUNDRAISER

Join us at Portillo's for a fundraiser to support:
DePaul Student Nurses Association (DSNA)

When: **October 31, 2024**
5:00 PM - 8:00 PM

at the Portillo's located at:
100 W. Ontario
Chicago, IL

20% of sales will benefit your organization. Order online or in app for pickup using code **PORTILLOS40** before checkout in the "Coupon Code" this flyer or a digital version to cashier when ordering at the restaurant. Valid on drive thru, pickup, kiosk, and in restaurant orders.

Portillo's
FOR GOOD
portillos.com/community

For online/app orders to qualify for the fundraiser, orders must be placed for pickup only, from the participating restaurant, on the fundraiser date and during the listed fundraiser hours. Gift card purchases, delivery orders, and orders placed on the third party websites are excluded from the fundraiser. Online ordering subject to availability. \$200 minimum fundraising sales required for the organization to receive donation. Cannot be combined with other offer codes.

22ND ANNUAL UNDERGRADUATE STEM RESEARCH SHOWCASE

November 1, 2024
12:30-4:00 P.M.
McGowan South

Registration deadline is **October 18!**

Learn More @
GO.DEPAUL.EDU/SHOWCASE

ANNUAL STEM RESEARCH SHOWCASE

The 22nd Annual Undergraduate STEM Research Showcase gives DePaul students the experience of communicating their findings through poster presentations and research talks to a scientific community. The event celebrates the extraordinary quality and variety of research being conducted by DePaul undergraduates.

The STEM Showcase will be held on November 1, from 12:30-4:00 PM in McGowan South.

Registration for student presenters is open now, and the deadline is October 18th. The registration link may be found here: [Registration Link](#).





ZAKAI SPEAKS, "SERVICE LEARNING ACROSS CULTURES"

Students in Amanda Dirnberger's Q1 Health Promotion course had the opportunity to hear guest speaker, Hiba Iqbal Zakai, present her work, "Service-Learning Cross Cultures." Hiba shared about her experience implementing a global service-learning program, and her work using an asset-based approach to improve mental health among university students in Pakistan. Hiba is pictured 4th from the left, in the front. Thank you to Hiba for sharing about your work!



CBSL STUDENTS & ROOTS FOR LIFE

Current Q4 CbSL students put their program planning, patient needs assessment, and nutrition knowledge to work by planning a series of nutrition education events including "Build your own salad night," as part of their CbSL work for organization Roots for Life. At Roots for Life, this CbSL group works on projects geared toward

education and advocacy for communities experiencing food insecurity. The event, which was planned by the students, was held at a transitional housing space called Margarita Inn, part of Connections for the Homeless. They have another event for the fall planned, where they will teach vegetable and fruit prep skills along with making homemade veggie and fruit dip. Some of the group members who participated include: Huiyu (Katrina) Chung, Madison Sanderlin, Chloe Casica, and Rachel Foster-Gimbel. CbSL students are encouraged to discuss any ideas for projects with their site supervisors, course faculty, and CbSL leadership team.

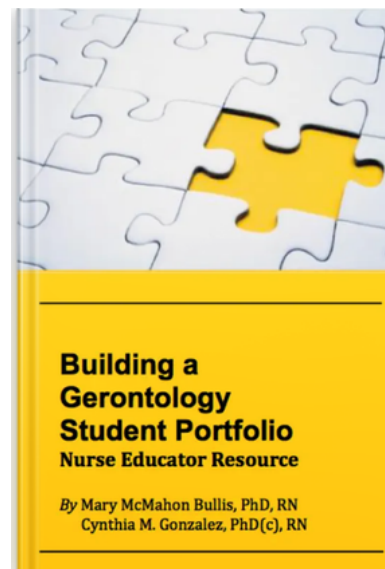




GERONTOLOGY STUDENT PORTFOLIO

Our very own professor Dr. Cynthia M. Gonzalez received an \$8000 grant from the National Association of Orthopaedic Nurses to complete her dissertation on the: "Prevention of Osteoporosis in Early Menopausal Latina Women."

Dr. Gonzalez and Dr. Mary McMahon Bullis co-authored an E-book titled, "Building a Gerontology Student Portfolio: Nurse Educator Resource." This partnered nursing educator competencies and AACN Baccalaureate Essentials. Congratulations to Dr. Cynthia M. Gonzalez and Dr. Mary McMahon Bullis!



NEONATOLOGY TODAY



CLINICAL PEARL

Yuliya Vovchak is a DePaul MENP graduate who was recently published in NEONATOLOGY TODAY's E-Newsletter. Vovchak's study titled, "Clinical Pearl: The Efficacy of Teaching Postpartum Mothers Proper Infant Positioning for Breast Feeding and Skin-to-Skin" explores survey results of 167 postpartum mothers and the education that they received on Proper Infant Positioning (PIP). You may find the study on NEONATOLOGY TODAY's website [here](#), located within their June 2024 Newsletter. Congratulations on your publication!

SEARCH FOR HOME NURSING CARE

Marley is an 11-month old in need of a team of reliable, flexible, and eager professionals. She was born with a complex medical diagnosis that almost cost her life in April. Marley is a heart transplant survivor and is trach, vent dependent, and has a g-tube. To apply, interested professionals are encouraged to contact Atiya from Team Select. When speaking with Atiya, let them know you want to work for "Marely's Case." You may call at (630) 462-6700 or email: agaffar@tshc.com.

HOME NURSING

About Marely

- 11 Months Old
- Has a trache, vent, and gastric tube
- Heart transplant survivor
- Home is Dekalb County, IL

I Need Help With

- Feeds & Medications
- Trache Care/Management
- Support during therapies
- Care during my appointments





MEET ROBERTO!

Roberto Mizhquiri is currently a Q3 student placed at The Peace Exchange for his Community-based Service Learning (CbSL) site. He chose this site because he liked their mission of teaching kids ways to problem solve without violence.

Throughout his time at The Peace Exchange so far, he has gone to several schools around the south side of Chicago to meet with middle school students. Roberto and other MENP students lead groups where they talk about ways to cope without violence. During the sessions at the Peace Exchange, students who are identified to have risk factors to partake in violence are paired with groups of students trained in conflict resolution and leadership. This peer mentorship model allows students to discuss their experiences and learn from one another.

“It is really ingrained into the culture here at DePaul that Nursing is not simply about passing meds, it's about being present with our patients and engaging with communities as leaders and educators to understand and address health disparities.”- Roberto Mizhquiri



One day, when Roberto was at one of the schools, he noticed that the majority of the students had obesity and were at risk for poor nutrition. Instead of ignoring this observation, he decided to use his nursing knowledge to make a difference in the community. He spoke with his site supervisor and came up with a plan to implement an education regarding health and wellness. His supervisor loved the idea and encouraged Roberto to apply for the Chicago Area Schweitzer Fellows Program. This highly competitive grant is given to exceptional students with opportunities to design and implement projects to improve the health and well-being of underserved Chicago communities and Roberto was chosen!

With this fellowship, Roberto's idea of creating a curriculum that focuses on healthy nutrition and chronic diseases awareness. He will be able to emphasize the importance of nutrition and how student's diets can affect their long-term health. Roberto is truly making a change in the community, and we are so proud of him!





MENTAL HEALTH AWARENESS

Self-care and mental health are a priority.

University counselors are available for support, crisis management, community referrals and consultation. To be contacted by a counselor, leave a message with University Counseling & Psychological Services at 773-325-7779. Learn more [here](#).

Receive 24/7 Access to Mental Health Support by dialing DePaul's Support Line at 773-325-CARE (2273), press option 1 when prompted.

In case of an urgent or life-threatening emergency, please call 911. If you are on campus, you may call Public Safety: 1-773-325-7777 (Lincoln Park) or 1-312-362-8400 (Loop)

CONTACT US

We want to hear from you!

Do you want to be celebrated for your accomplishments? Would you like to see yourself and friends in the Newsletter?

Contact the School of Nursing via [Twitter](#), [Instagram](#), [Facebook](#) or Email.

Email: nursing@depaul.edu

STAY IN THE LOOP

Follow us @depaulnursing on: Facebook, Instagram, and X



New Title IX Rules
protecting pregnant,
lactating & parenting
students are here!



Have questions? Need support?
Contact DePaul's Office of Gender Equity
titleixcoordinator@depaul.edu
or Professor Dana Merk in the
School of Nursing dana.merk@depaul.edu

More information here



The
**Pregnant
Scholar**
An Initiative of The Center for WorkLife Law

