# 2024-2025 School-Based Trauma-Focused Training with Children and Adolescents at DePaul Family and Community Services

In the 2024-2025 academic year, DePaul Family and Community Services will offer a full clinical externship/internship in school and community-based services with children and adolescents exposed to chronic stress and/or trauma. This experience will include:

### **Group Therapy and Consultation**

Program: Group therapy (and consultation) using a dyadic and junior version of

Structured Psychotherapy for Adolescents Responding to Chronic Stress

(SPARCS) that includes a focus on advocacy and activism

Population: 6<sup>th</sup>-8<sup>th</sup> graders exposed to chronic stress and/or trauma and their mentors

Supervision: Weekly group and in vivo supervision

## **Individual and Family Therapy**

Program: Individual and family therapy at Chicago Public Schools and/or DePaul

Family & Community Services

Population: Children and adolescents exposed to chronic stress and/or trauma

Supervision: Weekly individual supervision

Two tracks are available to externs/interns:

#### **Clinical Track:**

Two days of group and individual therapy at Chicago Public Schools One day of individual and family therapy at DePaul Family & Community Services

# **Community Track:**

Two days of group and individual therapy at Chicago Public Schools One day of advocacy, activism and consultation with community schools or organizations

## Weekly Schedule

This is a 25 hour per week externship/internship. Wednesdays, 10 a.m. to 6:30 p.m., and Tuesdays or Thursdays, 2:45-6:30 p.m., are required hours that include supervision, training, and group work at partner schools. You will have flexibility in determining the timing of the remaining 12 hours (within a Monday-Friday schedule).

Candidates from underrepresented groups are encouraged to apply.

#### Contact

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