2025-2026 Clinical Child/Adolescent Psychology Track

About DePaul Family and Community Services:

DePaul Family and Community Services is dedicated to strengths based mental health support, assessment, and consultation for families in the Chicagoland area. We work primarily with children, adolescents, and their families to build empowered communities. We strive to train socially responsible and ethical mental health professionals and welcome all who are interested to apply.

<u>Description of Practicum:</u> For the 2025-2026 training year, we are offering three tracks of training that applicants may select from (see below).

Track 1 (Therapy Track): Students will have the opportunity to see therapy referrals at both our clinic and the schools we partner with. Referrals are related to trauma, managing depression and anxiety, behavioral concerns, and family work, amongst others. Students will also have the option to join a specialty team to further develop their skills. Our two specialty teams are: St. Vincent DePaul daycare, which consists of individual and family therapy with children 5 years and under, and the CITIES project, which is a school-based trauma informed group therapy program that works with schools in the South Side of Chicago. Please refer to the specialty team descriptions on the website for more information. Students will carry a therapy caseload of 4-6, which can be can be adjusted based on program needs.

Track 2 (Therapy/Assessment Track): We are offering a joint therapy and assessment practicum to psychology doctoral students that are in their second year and up. Psychological testing referrals will include learning disability, intellectual disability, ADHD, executive functioning challenges, as well as behavioral and social-emotional concerns.

Therapy referrals that are commonly seen are related to depression, anxiety, trauma, and behavioral functioning. Both individual and family therapy treatment modalities are offered. If a student is especially interested, there are opportunities to engage in school-based interventions (e.g., assessment and therapy services) at selected Chicago Public Schools. Students will complete 1 testing case a month, and carry a therapy caseload of 3-5, which can be adjusted based on program needs.

Track 3 (Advanced Assessment Track): We are offering an advanced assessment track for applicants solely interested in gaining assessment experience. Students will complete 2-4 testing cases a month. Referrals will include learning disability, intellectual disability, ADHD, executive functioning challenges, behavioral/social emotional concerns, and autism spectrum disorders.

*** PLEASE NOTE: All students will receive 1 hour of individual supervision, and 1-2 hours of group supervision weekly. Wednesdays are mandatory didactic mornings where students attend assessment group supervision at 9am (if applicable), in service didactics at 10am, and therapy group supervision at 11am (if applicable) with their assigned supervisors. Attendance requirements may vary based on the selected track.

Students will be supervised by either Dr. Michelle Gilchrist or Dr. Victoria Doobay.

Requirements:

Completion of 1st year of psychology program

16-20 hours a week

Contact and Where to Apply:

Dr. Victoria Doobay- Clinical Training Manager: vdoobay@depaul.edu

Dr. Michelle Gilchrist-Testing Coordinator: mgilchr2@depaul.edu

Please apply at Qualtrics link, and email Dr. Doobay with any questions related to the application process