

Foundational Value Scale (FVS) Items (Sample items included)

For each of the following, please indicate whether you feel you have the quality or characteristic.

For each item, fill in a circle 1 through 5, where 5 means you definitely have the quality or characteristic, and 1 means you do not at all have the quality or characteristic.

Keep in mind that there are no right or wrong answers. Please answer honestly and try to answer each question. Remember that all of your answers are completely confidential.

1. Positive self-esteem

I DEFINITELY DO NOT
HAVE THIS CHARACTERISTIC

1

2

3

4

I DEFINITELY HAVE
THIS CHARACTERISTIC

5

2. Demonstrate a concern for the Health of the environment

I DEFINITELY DO NOT
HAVE THIS CHARACTERISTIC

1

2

3

4

I DEFINITELY HAVE
THIS CHARACTERISTIC

5

3. Kindness

I DEFINITELY DO NOT
HAVE THIS CHARACTERISTIC

1

2

3

4

I DEFINITELY HAVE
THIS CHARACTERISTIC

5

4. Humor

I DEFINITELY DO NOT
HAVE THIS CHARACTERISTIC

1

2

3

4

I DEFINITELY HAVE
THIS CHARACTERISTIC

5

5. Ability to cope with uncertainty

I DEFINITELY DO NOT
HAVE THIS CHARACTERISTIC

1

2

3

4

I DEFINITELY HAVE
THIS CHARACTERISTIC

5

6. Lively

I DEFINITELY DO NOT
HAVE THIS CHARACTERISTIC

1

2

3

4

I DEFINITELY HAVE
THIS CHARACTERISTIC

5