

Lions Club helps eyecare center

The Lions Club hopes to open some eyes by donating \$5,000 to the East St. Louis Eye Care Center.

The donation will provide eye exams and replacement glasses for the city's needy senior citizens.

"Many senior citizens helped by the Lions Club program have low income with no other medical resources available," said Raymond Myers, director of the eye care center.

"Medicare helps seniors pay for some medical services but not

all, so most of the seniors are prepared to sacrifice important things in order to better their eyesight."

The Senior Citizens Eye Glass Program is sponsored by the Lions in partnership with the University of Missouri at St. Louis School of Optometry and Southern Illinois University at Edwardsville. The eye center is at 411 E. Broadway; for information, call 482-8355.

SCIENCE & MEDICINE



ROGER SCHLUETER

Chronic fatigue

It's derisively called "Yuppie flu," but a new study by a DePaul University researcher finds that chronic fatigue syndrome may be anything but.

After randomly calling nearly 30,000 people in Chicago, Leonard Jason found that the syndrome is more likely to affect blacks and Latinos than the white, middle-class women with whom the complaint is generally associated.

The syndrome is a chronic condition with such symptoms as debilitating fatigue, headaches and unrefreshing sleep.

Because of their access to health care, upper-class whites were more likely to be diagnosed in the past, Jason said. But in his study, Jason found far more blacks and Latinos affected by the disease than whites. He now estimates that the syndrome may affect just over 4 percent of the population.