

# **OUR STANDARDS OF SERVICE**

# A COMMITMENT TO OUALITY CARE

FCS uses evidenced-based and evidenced-informed practices in order to enhance the quality of services provided. Clients actively participate in efforts to deliver and evaluate the effectiveness and quality of services.

# A COMMITMENT TO PROTECTION

Client confidentiality is of the highest priority to FCS. Information about clients or their family will not be shared outside FCS without informed, written consent. There will be a record of treatment at FCS that clients may access if arranged with the therapist. No person outside FCS may see any parts of client records without written consent.

# **CLIENT RESPONSIBILITIES**

Consistent attendance for therapy sessions significantly improves the progress clients make in therapy. Clients also are encouraged to participate in setting their own treatment goals and evaluating the services they receive at FCS.

# PROGRAM LEADERSHIP

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# DePaul Family and Community Services





# Who is served by DePaul Family and Community Services (FCS)?

FCS provides comprehensive and quality behavioral health services to children, families and their communities. FCS is accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF) and is licensed by the Illinois Department of Human Services (DHS).

#### MISSION

DePaul Family and Community Services strengthens and empowers families and communities through innovative, evidenced-based, community-oriented services and the training of culturally competent, socially responsible professionals.

#### VISION

To provide quality services that are flexible and responsive to the individual needs of clients, their families and their communities:

To provide services that are communitybased and focused on prevention and overall well-being;

To empower families and communities to make change in their lives and in the lives of others;

To partner with other child-serving organizations and systems to achieve shared goals of child, family and community wellness;

To develop and implement evidenced-based approaches that take into consideration culture and the system(s) in which our clients live;

And, to strengthen the healthcare system by training socially responsible professionals who are considerate of all social determinants of health and well-being.



# **SERVICES**

The multi-disciplinary staff, consisting of a child psychiatrist, full- and part-time psychologists, social workers and graduate-level trainees, offers:

INDIVIDUAL COUNSELING
GROUP COUNSELING
FAMILY | COUPLES THERAPY
PLAY THERAPY
PARENT-CHILD INTERACTION THERAPY (PCIT)
PSYCHIATRIC ASSESSMENTS AND MEDICATION
MANAGEMENT (CHILD | ADOLESCENT)
PSYCHOLOGICAL TESTING AND EVALUATIONS (MEDICAID,
DCFS AND PRIVATE PAY)
SCHOOL-BASED SERVICES FOR ELEMENTARY, MIDDLE AND

## **COMMON TREATMENT ISSUES**

HIGH SCHOOL-AGED CHILDREN

The therapist will work with the client and family to develop specific treatment goals.

Some of the common issues for treatment are:

DEPRESSION | SADNESS | LOSS OF HOPE

ANXIETY | WORRY | FEAR

GRIEF AND LOSS

TRAUMA AND ABUSE

ADJUSTMENT TO LIFE EVENTS

BEHAVIORAL ISSUES AT HOME, SCHOOL, COMMUNITY

ANGER | AGGRESSION

DIFFICULTY WITH ATTENTION, IMPULSIVITY

PARENTING STRESS

SOCIAL SKILLS | RELATIONSHIP PROBLEMS

# **HOW TO GET STARTED**

The first step in getting help from FCS is to call for an appointment with an intake worker, (773) 325-7780. During this call, it will be determined whether a family is eligible for services at FCS, and if so, an appointment will be scheduled. If a family is not appropriately served at FCS, assistance will be given for a referral to another provider.

In the first (intake) session, the client will be asked to describe concerns about their child(ren) and/or family, and they will learn about the services that may be of help to them. The client and intake worker will decide if FCS is the best place for getting help, and together they will develop a plan for treatment.

#### FEES

The FCS fee schedule is available at the front desk. FCS provides private-pay clients with receipts for paid services to submit to their insurance plans. Since FCS is certified by the Illinois Department of Mental Health to provide Medicaid Part 132 services, FCS accepts Medicaid for most services and will bill the state of Illinois directly.

# **COMMUNITY PARTNERSHIPS**

FCS is committed to working with community partners such as schools, primary healthcare providers, community councils and other social service organizations to expand the capacity of systems to increase access to effective services for children and families.

# TRAINING

FCS provides training and learning experiences to undergraduates and graduates from various health-related disciplines.

## **HELP FCS MAKE IMPACT**

Your help is needed to support the impact FCS has in providing under-resourced families access to quality behavioral health services.

Please donate now at alumni.depaul.edu/give/GivingForm.aspx.

From the above website, donors can scroll down the page and can enter where they would like their donation to go (type: Family and Community Services).